

Alexandria Monroe Womens Tiger Tourney

Where: Alexandria Monroe Junior Senior High School
1 Burden Court
Alexandria, IN 460

Time: 7:00 am (EST) Doors Open
8:00 am Weigh-In
8:30 am Coaches Meeting
9:00 am Wrestling Begins

Weigh-In: Weigh-in will be conducted on the date of the invite to confirm weight and do skin checks at 8:00 am. Wrestlers will weigh in their singlets.

Weights: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235

Format: We will be wrestling on 3 mats with 4 officials. Regular full match time. Medals will be given out to the top placer in each bracket.

Instructions: You **MUST** send an email to confirm your participation and provide your athletes full name, grade, weight, school, coaches name, and coaches contact number to our Head boys Coach Scott Rowland @ srowlandaflac@gmail.com

The deadline to have this submitted is Tuesday, October 31st. Once this information is received your AD will be sent a contract to sign for the event. Please note you may make changes to your entries but this will slow down our start time dramatically.

*****ALL IHSAA RULES WILL BE ENFORCED FOR WEIGH-INS AND WAIT TIMES.*****

****ALL WRESTLERS MUST WEAR A SPORTS BRA UNDER SINGLET OR DOUBLET.****

Entry Fee: \$20 per wrestler or \$150 per team with more than 8 wrestlers

Concessions: Concessions **will be open** to serve spectators.

Admission: \$7 per person and can be purchased at the door or ahead of time online. Link to purchase tickets will be sent to the schools participating at a later date.

Trainer: A Certified Athletic Trainer will be on-site

Hospitality: We will have a hospitality room, for Coaches and Admin only

Locker Room: Will be provided for changing and showers. Please do not leave anything in the locker room. We are not responsible for anything that is stolen or left in the locker room.

Sportsmanship: We ask all spectators in attendance to be aware loud vocal comments made during a match and directed to wrestlers, coaches and/or officials may be amplified and heard by all. If these comments are deemed inappropriate and/or unsportsmanlike, those spectators will be removed from the facility.

IMPORTANT NOTE FOR COACHES:

We are putting this together late due to New Pal being at full capacity and trying to create a way for more girls to participate in a meet. It will be Alexandria's first time hosting a girls tourney and I am sure there will be a few hiccups along the way. We appreciate your patience as we host our first tourney.

Thank you in advance for your cooperation.